



INDIANA DISPATCH

*A Newsletter for Indiana's
Transportation Professionals*



Issue 2, 2014

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EDITOR'S NOTE: To ensure that
this newsletter is relevant to your
needs, we would appreciate your
input. Please send us article sugges-
tions, agency news, coordination ac-
tivities, "best practices," etc.

Do you know of someone from
another agency who would like a
copy of this newsletter? Do you
want to be removed from our
mail list? Give us a call...

CTAA EXPO AND NATIONAL ROADEO OVERVIEW

St. Paul, Minnesota was the site of the Community Transportation Association of America's (CTAA's) 2014 Community Transportation EXPO, June 8-12, 2014. The EXPO kicked off on Sunday, June 8 with the National Community Transportation Roadeo. The weather was beautiful and the competition was stiff in both the Body on Chassis and the Minivan divisions. Separate obstacle courses were set for each division, and separate vehicles and areas were used to accommodate the Passenger Assistance and Pre-Trip Inspection events. Eighty-three drivers from thirty-one States and one driver from Canada competed. The Roadeo awards banquet was held on that Sunday evening with each of the top three finishers in the Minivan division, and the top five finishers in the Body on Chassis division receiving a trophy and monetary award. Division winners were:

Minivan

1. Jean Dalsing with Region 8 Regional Transit Authority in Dubuque, IA
2. Lester Adams with Mississippi Valley State University in Itta Bena, MS
3. Derek Johnson with ColumBUS Transit in Columbus, IN



Body on Chassis

1. Nathan Shimanek with Ames Transit Agency (CyRide) in Ames, IA
2. Wade Hancock with CARTS in Cullman, AL
3. Amy Parkin with Paratransit, Inc. in Sacramento, CA
4. Paul Fath with Paratransit, Inc. in Sacramento, CA
5. Hardev Rakka with Paratransit, Inc. in Sacramento, CA

Indiana was proud to have Derek Johnson with ColumBUS transit from Columbus, Indiana and Ed Philpot with ACCESS Johnson County from Franklin, Indiana both competing in the National Roadeo and representing Indiana proudly. Derek brought home the third place trophy in the van division, while Ed Philpot, although not a top finisher, proved to be a tough competitor in the Body on Chassis division.

continued on page 5



INDIANA DEPARTMENT OF TRANSPORTATION
Driving Indiana's Economic Growth

DRIVER RECOGNITION

The following letter was submitted by Meg Zenk the Executive Director for the DeKalb County Council on Aging in Auburn, Indiana and was published in the agency's newsletter earlier this year. As with all public and specialized transportation programs, the dedication and hard work of our transit operators ensure quality of life for individuals in our communities that otherwise would not exist. Meg's letter acknowledges the heroes of the transportation industry through the written word and the power of media.

Letter To The Editor

It is an extremely bitter cold January morning with snow and ice covering the rear parking lot and the vehicles at the DeKalb Co. Council on Aging on East 7th Street.

It is shortly before 7:00 am and still dark. There is moderate commotion in the lot as three drivers are warming their vans and going over their daily vehicle check lists. Other vehicles have already left the lot to pick up early riders. With no under-cover facility, the drivers do their best to get their vehicles comfortable for their riders. I stop, rather unexpectedly overwhelmed, and admittedly close to tears as I ponder the magnitude of the scene.



Without these Monday through Friday occurrences, these awesome drivers and our agency's support staff (who also may start way before the rooster crows and long after they've retired to their roosts for the night), scores of DeKalb County residents would not get to their jobs, school, day care, medical appointments, shopping, social service agencies, hospital, nursing home visits, etc.

Our agency operates DART (DeKalb Area Rural Transit) under the auspice of INDOT's 5311 rural public transit program. Such an endeavor is a huge undertaking and was and continues to be only because of an enormous "step of faith", knowing that without DART's WHEELS, many would simply be without transportation – affordable, timely, dependable transportation – and transportation with a heart.

Besides federal and state assistance from INDOT's 5311 and 5310 programs, DART also is in debt to local funders/partners (county, city, town, townships, foundations, our DeKalb Co. United Way, AIHS, corporations, business and individuals) who help to subsidize the enormous costs to run the system. Our agency and the many, many hundreds we serve are forever grateful.

Now back to the bottom line – my heart beats a little faster and with pride for these awesome employees who – no matter the weather (safety first, of course!) – make DART a possibility. They keep the wheels rolling and do so with great skill, good humor, compassion and faith in our agency's mission.

I appreciate this opportunity to publicly tell them that we call them all our heroes!

Sincerely
Meg Zenk
Executive Director

To submit an article about your agency, your agency's programs or on a special topic please contact the RTAP staff at vwerner@indianartap.com or call (800) 709-9981.

TRANSPORTATION ALTERNATIVES IN ST. PAUL

The CTAA National Rodeo and EXPO was held in St. Paul, Minnesota this past June. During this week long event, it became quickly apparent the impressive array of transportation alternatives that St. Paul and sister city Minneapolis (together known as the Twin Cities) had to offer its residents and visitors.

I was impressed by the variety of transportation modes, such as biking, light rail, streetcars, walking, and the car sharing program, available to travel throughout the Twin City area. Recently, residents celebrated the grand opening of the Green Line light rail. Despite the wind and rain, over 45,000 people came to ride the Green Line on its first day of service, taking advantage of the free rides available all weekend. Stations and neighborhoods up and down the line hosted festivals and outdoor events to celebrate the historic occasion. For the first time in over 60 years, the Twin Cities are joined by rail once again.

A 2013 Community Preference Survey conducted by the National Association of Realtors indicated that people most likely to be in the housing market want to live in communities where it's possible to walk or drive to shopping, restaurants, the library, and school. For those who plan to move in the next three years, the walkable neighborhood was preferred by an 18 point margin (57 to 39 percent).

The number one feature that people said there was too little of in their neighborhoods was "safe routes for riding bikes to work and shopping." The next biggest needs were for more "public transportation within an easy walk," "housing for people with low incomes," and "shops or restaurants within an easy walk" of home. In Minneapolis, biking and walking together account for about 10 percent of all trips, according to the American Community Survey, part of the U.S. Census. And, the percentage of people commuting by bicycle in Minneapolis increased from 1.9 percent to 4.1 percent in recent years, according to a report, Modes Less Traveled—Bicycling and Walking to Work in the United States: 2008–2012.

For example, Nice Ride MN is a local nonprofit agency providing a public bike sharing program in the Twin Cities. Bike sharing is designed for short trips in urban areas.



Nice Ride stations are solar-powered, free-standing units, which include a map frame, terminal, and docking areas for Nice Ride bikes.

For residents who commute to work or school via bike there is a rewards program called ZAP Twin Cities. It is designed to help residents save money from driving and improve their health. A tamper-proof RFID tag attaches to the front of each wheel of each registered bike. Then a ZAP station detects tagged bikes as they pass by and as they reach stations, their data is input into the system. To date, there have been 604,640 rides, 184,589 gallons of gas saved, and 160,222,824 calories burned. Members are eligible for prizes like gift cards to restaurants and stores or bike accessories.

Another program is HOURCAR, which is the car sharing program of the non-profit Neighborhood Energy Connection and the official car sharing provider to the University of Minnesota community. To join, individuals must be at least 18 years old and have a clean driving record, and pay a one-time \$50 fee for the application process. This program saves residents money by eliminating the need for a car payment as well as maintenance costs that comes with owning a vehicle. There is no paperwork; one tap on the "fob" of the reader and the car unlocks and is ready to drive in seconds. The member plan covers gas, maintenance, and insurance. HOURCAR costs range \$6 or \$8 per hour plus \$0.25 cents per mile; there are also daily rates and night-owl specials.

St. Paul is proud of being the "most livable city in America." as they should be. As a visitor there and witnessing all of the different modes of transportation, I have to say it was quite an experience.

References:

www.stpaul.gov/index

www.derozap.com/zaptwincities

www.hourcar.org

www.realtor.org/articles/2013-community-preference-survey

Modes Less Traveled—Bicycling and Walking to Work in the United States: 2008–2012.

RTAP News & Notes

Recently the RTAP staff assisted INDOT with the annual North and South 5311 meetings held in Rochester on June 4 and in Columbus on June 5. Updates were provided on the Medical Qualifications and Drug and Alcohol Programs and new products available from Q'Straint/Sure-Lok for securing oxygen tanks. INDOT provided information on cost allocation plans, indirect cost rates, and 5339 funding. The RTAP staff also provided a drug and alcohol supervisor post-accident training to address common compliance review findings associated with post-accident determinations and documentation.

If you were unable to attend these sessions and would like more information on the topics covered please contact the RTAP staff at (800)709-9981.

Indiana RTAP congratulates Derek Johnson on his third place finish in the mini-van division at the CTAA National Rodeo!



INDOT News & Notes

This is a reminder that FTA § 5311 applications are due no later than August 29, 2014. The application is available online in the Documents section, <http://www.in.gov/indot/2436.htm>.

If you have any questions regarding the application process, please contact your project manager, Vickie Rayburn, at (317) 232-5078, or Todd Jennings at (317) 232-1483.

You may already be aware that the Public Mass Transportation Fund has been reduced for 2015. Allocations for individual grantees are not available at this time, but the total amount available for all public transit systems in Indiana has been reduced by 4.5%. Please plan accordingly.

DEAR RTAP

Dear RTAP,

I have been trying to identify what is required to be in a bloodborne pathogens kit for our transit vehicles. All of the vehicles we receive through the Section 5311 or 5310 programs come with these kits, however, when it is time to replace them or a portion of their contents, I'm not sure how to determine what items are required for the kits. I want to make sure my vehicles are in compliance and that my drivers have the tools they need and are protected in event of an incident. Any assistance would be greatly appreciated.

Sincerely,
Kit

Dear Kit,

The RTAP offices have received several calls over the last few years regarding the required contents for bloodborne pathogens kits. Unfortunately, there is no regulated list of specific items that must be included in the kits. While OSHA standard 29 CFR 1910.1030, "Occupational Exposure to Bloodborne Pathogens," outlines requirements for employers to implement an exposure control plan and provide education and personal protective equipment to employees determined to have an occupational exposure to blood or other potentially infectious materials, it does not provide a recommended list for items to be included in a kit.

continued on page 6

INCOST is proud to host the annual Summer Workshop for all members on Friday, August 22 in Lebanon, IN. The highlight of the workshop will be keynote speaker Josh Bleill, spokesperson for the Indianapolis Colts. Josh's presentation is titled "One Step at a Time," his story of courage, hope, and a new life in the NFL after the Marines. Josh will share his journey from his enlistment to active duty in Fallujah, through two years of rehab, and ultimately to his job as the community spokesman for the Colts.

Following a catered lunch, participants will be treated to the "Ultimate Leadership Challenge" with Neal Morehead of the Tecumseh Leadership Center, Brookston, IN. This interactive afternoon promises to be fun and helpful to transit managers and other staff members who work with people of all ages. Don't miss it!

Workshop Details:

9 a.m. – 3 p.m.

Boone County Senior Services, Inc.
515 Crown Pointe Drive

Lebanon, IN 46052
(765) 482-5220

Workshop Cost: One reservation included with payment of INCOST annual dues; additional reservations - \$20/person. Please make checks payable to INCOST.

Reservations may be made by contacting abowen@booneseniors.org, dlayton@clintoncountytransit.org, or jkauffman@clintoncountytransit.org.

Reservation Deadline: August 8, 2014

Also, please remember that the annual INCOST conference will be Thursday and Friday, October 2-3; the Section 5311 meeting will precede the conference on Wednesday, October 1. Once again, the annual meeting and conference will be held at the Embassy Suites North in Indianapolis. Planning is only in the beginning stages, but the INCOST Board is working hard to make it another great conference, although it will be extremely difficult to top last year's...mark your calendars now!

CTAA EXPO AND NATIONAL ROADEO OVERVIEW *continued from page 1*

The Conference portion of EXPO opened Monday, June 9; the formal opening luncheon and the Trade Show grand opening reception were held the next day. Professional development sessions on Wednesday and Thursday were divided into themes with several different topic sessions available under each theme. The theme categories and number of different topic sessions available under each theme included:

- ◆ The Changing Role of Leadership (2 sessions to choose from)
- ◆ Improving Service Delivery (7 sessions to choose from)
- ◆ Developing Better Outcomes (2 sessions to choose from)
- ◆ Harnessing New Technology (3 sessions to choose from)
- ◆ Evolving Federal Regulations (5 sessions to choose from)
- ◆ Tribal Transit (2 sessions to choose from)
- ◆ Ridesharing (3 sessions to choose from)

On Thursday afternoon CTAA introduced the "Idea Café" with seven sessions originating from five of the professional development themes. Training and development topics were submitted by attendees and sessions were then led by peers. These sessions presented an excellent

opportunity for peer-to-peer learning and exchange. Several of the sessions within each theme focused on the new MAP-21 requirements, in particular safety and security.

The Tradeshow provided an opportunity to check out the latest and greatest in transit vehicles and vehicle options, learn about the most recent upgrades to dispatching and maintenance software, and identify many other products and services available for improving transportation programs.

The annual CTAA EXPO and its weeklong events proved to be a valuable experience for drivers, dispatchers, supervisors, and managers looking to connect with their peers, obtain important industry updates, and expand their transportation knowledge. If you have never attended EXPO or had one of your drivers compete in the CTAA National Roadeo, it can be a beneficial and worthwhile experience in the professional growth of your staff and your overall transportation program. Plan now for next year's EXPO and National Roadeo to be held in Tampa, FL.

For more information on EXPO, other CTAA events, or RTAP scholarships to attend these events, please contact the Indiana RTAP staff at (800) 709-9981.

There are, however, general standards for choosing personal protective equipment (PPE), such as it must be chosen based on the anticipated exposure to blood or other potentially infectious materials. And, employers must provide training in the use of the appropriate PPE for the tasks or procedures employees will perform. Employers are also responsible for ensuring that the appropriate PPE is available and employees are aware of the PPE's location. The standard identifies personal protective equipment to be considered "appropriate" only if it does not permit blood or other potentially infectious materials to pass through or reach the employee's clothing, skin, eyes, mouth, or other mucous membranes under normal conditions of use and for the duration of time which the PPE will be used.

The following is a recommended list of personal protective equipment that should be included in a bloodborne pathogens kit for public and specialized transportation vehicles:

- ◆ Latex gloves, face shields, eye protection, shoe covers and an apron.
- ◆ Hand sanitizer.
- ◆ Dust pan and brush.
- ◆ Disinfectant spray or spray bottle with one part Clorox to ten parts water.
- ◆ Two-fluorescent orange or orange/red bags w/biohazard printed on them (red bags without a symbol or text are also permitted under OSHA regulations).
- ◆ Solidifying powder that can be used to turn a liquid spill into a gummy spill. Anything that absorbs liquid will do: sawdust, kitty litter or commercially prepared absorbent powders for example.
- ◆ Antiseptic hand wipes for use after removing the latex gloves.
- ◆ Container for sharps (It must be sealable, leak proof, puncture resistant and cleanable).
- ◆ Paper Towels.



Certain Items are also recommended in addition to the above list, depending on the transit system's policy regarding administering CPR and First-aid:

- ◆ CPR micro shield mouth barrier.
- ◆ Multi-trauma compress.

Complete kits may be purchased through companies that provide equipment for emergency responders such as Galls, ULINE, or Global Industries, for example. These kits will include some form of each of the items listed above. In addition, the RTAP program recently updated the Indiana Bloodborne Pathogens Policy template to ensure continued compliance with the OSHA standard. The template is available on the Resources Page of www.indianartap.com.

I hope this adequately answers your question. If you have additional questions or need further assistance, please contact the RTAP offices at (800)709-9981.



Reminder: Check the RTAP website for the current RTAP training calendar. If you would like to send drivers to one of the trainings, please RSVP a list of your drivers to Megan Lawson at mlawson@indianartap.com.

Who else in your agency could benefit from the Indiana Dispatch?

Route to: _____

In This Issue...

- CTAA EXPO and National Rodeo Overview
- Driver Recognition
- Transportation Alternatives in St. Paul
- RTAP News & Notes
- INDOT News & Notes
- INCOST Corner
- Dear RTAP

For additional resources please visit: www.rlsandassoc.com

CALENDAR

July:

7/4/2014	Independence Day
7/12/2014	Yorktown PAT
7/17/2014	Paoli PAT
7/19/2014	Huntington PAT
7/22/2015	Auburn DD/Stress & Fatigue
7/29/2014	Bedford EVAC/Pre-Trip

August:

8/5/2014	Terre Haute DDP/EVAC
8/9/2014	Dillsboro DD/EVAC
8/14/2014	LaGrange PAT
8/23/2014	Rushville Stress & Fatigue/ EVAC
8/26/2014	Angola Safety & Security/DDP

September:

9/1/2014	Labor Day
9/9/2014	Peru Safety & Security/Pre-Trip
9/13/2014	Franklin Safety & Security
9/17/2014	Shelbyville PAT
9/20/2014	Dillsboro PAT
9/24/2014	Lebanon PAT
9/30/2014	Bedford PAT

